



PN: 58322 REV: 102213

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## ACOG Clinical Management Guidelines:

"When treating postpartum hemorrhage, it is necessary to balance the use of conservative management techniques with the need to [timely] control the bleeding and achieve hemostasis." "The advantages of using balloon tamponade include its ease of use, rapid replacement, immediate results, and ability to measure further bleeding after the catheter is placed."

## **Common Primary Management Steps**

- Uterine Exploration
  - -Bimanual Uterine Massage
  - Blunt Curettage
  - Laceration Suturing
- Additional Uterotonics
  - Oxytocin, Methylergonovine, 15-Methyl
    PGF, Dinoprostone, Misoprostol



A systematic, stepwise approach to managing uterine hemorrhage includes the use of a Balloon Tamponade Catheter.



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#### Postpartum Hemorrhage **Uterine Exploration: Differential Diagnosis** Uterine Atony Blunt Curettage, Laceration Suturing, Bimanual Uterine Massage Retained Placenta Genital Tract Laceration Additional Uterotonics: Conservative Uterine Rupture or Inversion Oxytocin, Methylergonovine, 15-Methyl PGF, Coagulopathy Dinoprostone, Misoprostol **Uterine Tamponade** Uterine or Hypogastric Artery Embolization Invasive Surgical Intervention: Uterine or Hypogastric Artery Ligation Hysterectomy



Algorithm for treatment of postpartum hemorrhage. Journal of Reproductive Medicine, Feb. 1999 p. 124



#### BT-Cath®

#### Uterine Balloon Tamponade Catheter for Postpartum Hemorrhage

"The advantages of using balloon tamponade include its ease of use, rapid replacement, immediate results, and ablility to measure further bleeding after the catheter is placed."3



Patent Pending

**Unique Balloon Design** is easy to insert, contours to uterine shape, provides drainage at the fundus, and does not require an invasive surgical procedure to remove.

Intrauterine Drainage Port is flush with the catheter balloon.

**Dual Lumen Catheter** allows infusion of saline to expand the balloon while providing uterine drainage to monitor the progression of hemostasis.

Two Syringes are provided with each BT-Cath for uninterrupted infusion of saline for controlled tamponade expansion.

Durable Silicone Components allow for patient comfort while maintaining optimal biocompatibility and strength.

Bag Spike and Stopcock are equipped with check valves for efficient saline infusion without the need to repeatedly open and close a stopcock.



USA: 7043 South 300 West • Midvale, UT 84047 Customer Service, Toll Free: 800.533.4984

#### Ordering Information

Part Number: BTC-100 Packaging: 2 per box

Single Use, Sterile LATEX and DEHP Free



3. Intrauterine balloon tamponade in the management of postpartum hemorrhage. American Journal of Perinatology, 24;6 2007 p. 363

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BT-Cath is a single-use, disposable, silicone, dual lumen catheter and balloon tamponade for managing uterine hemorrhage.



BT-Cath is LATEX and DEHP free.



#### **Sterile Contents:**

- 1 ea. Balloon Tamponade Catheter with 4-Way Stopcock and Check Valve
- 2 ea. 60 mL Syringes
- 1 ea. Bag Spike with Check Valve







## **Cautions:**

- Federal (USA) law restricts this device to sale by or on the order of a clinician.
- Sterile unless package damaged or opened. Examine the package prior to opening. Do not use the device if the package is open or damaged.
- Carefully read and follow all instructions prior to use.
- Close patient monitoring is required at all times during and after balloon tamponade use.



## **Precautions:**

- Prophylactic antibiotics should be considered with this device is placed.
- Avoid contact with device by sharp instruments or clamps, since these might damage the soft catheter balloon or catheter material and result in device failure.
- Avoid excessive force when inserting balloon into vagina and uterus.
- Urine output should be monitored while the device is in use.
- Perform a vaginal exam after balloon inflation to ensure the balloon is not below the cervix.
- Be aware of the possibility of a concealed hemorrhage.

## Warnings:

- One time use for a single patient.
- Reuse of this sterile device poses a significant risk of cross contamination and sepsis and/or dependence on an unvalidated process.
- This device is not structurally designed or validated for reuse.
- This device is intended as a temporary means of establishing hemostasis in cases indicating conservative management of postpartum uterine bleeding.
- Device should not be left indwelling for more than twenty-four (24) hours.
- Maximum inflation volume is 500 mL.



## Warnings (cont.):

- Clinical data to support the safety and effectiveness of balloon tamponade in the setting of uterine atony are limited. Patients in whom this device is being used should be closely monitored for signs of worsening bleeding and/or disseminated intravascular coagulation (DIC). In such cases, emergency intervention per hospital protocol should be followed.
- There are no clinical data to support the use of this device in DIC.
- Patient monitoring is an integral part of manageing postpartum hemorrhage. Signs of deteriorating or non-improving condition should lead to a more aggressive treatment and management of patient uterine bleeding.

#### **Intended Use:**

BT-Cath is intended to provide temporary control or reduction of uterine bleeding following any intrauterine surgical procedure requiring hemostasis.



#### **Contraindications:**

- Cervical cancer
- Purulent infections in the vagina, cervix or uterus.
- Postpartum vaginal bleeding unaccompanied by uterine bleeding.
- Disseminated intravascular coagulation
- Untreated uterine anomaly
- Bleeding requiring surgical exploration (including hysterectomy) or angiographic embolization.
- Cases indicating hysterectomy
- Pregnancy
- A surgical site that would prohibit the device from effectively controlling bleeding.



Note: A urinary drainage catheter should be placed in the patient's bladder prior to the insertion of BT-Cath to monitor urinary output.

Warning: The application of this device should be concomitant with close monitoring for signs of on-going uterine bleeding and/or disseminated intravascular coagulation.



#### Step 1:

Determine uterine volume.

Warning: Ensure that the uterus is clear of any placental fragments, arterial bleeding or lacerations before beginning deployment of the tamponade catheter.



#### Step 2:

While maintaining sterile technique, turn the stopcock off to the white capped standard locking port. Attach one of the provided sterile syringes to the check valve, and remove any excess air from the catheter balloon. Remove the syringe and expel air from the syringe.









# Catheter placement after vaginal delivery:

#### Step 3a:

Insert the catheter by cupping the balloon end and directly inserting it through the dilated cervix to the fundus through the clinician's finger tips. Ultrasound may be used for guidance.



Step 3b:

Warning: Careful insertion procedure should be followed to minimize hysterotomy repair disruption. Catheter placement at time of laparotomy under direct visualization and palpation is recommended.



## Step 3b (cont.):

Unscrew and remove the blue stopcock from the catheter's silicone "Y" connector.







## Step 3b (cont.):

Leading with the catheter's silicone "Y" connector, insert catheter tubing through the abdominal/uterine wall incision and thread the drainage/inflation lumen though the cervix and vagina until the entire balloon is within the uterine cavity.







## Step 3b (cont.):

Reattach the blue stopcock to the catheter's silicone "Y" connector after catheter placement. Close the incision per normal procedure, taking care to avoid puncturing the balloon while suturing.







## Step 4:

Spike a bag of sterile saline solution with the spike provided in the sterile kit. Fill the 60 mL syringes from the bag.

Precaution: A prefilled 500 mL bag of saline may be used to help avoid the possibility of overfilling the balloon.



#### **BT-Cath**®

#### Balloon Tamponade Catheter for Uterine Hemorrhage







## Step 5:

Connect a saline-filled 60 mL syringe to the proximal luer connection which contains a check valve

Caution: Do not infuse anything other than sterile saline into the balloon.







#### Step 5 (cont.):

The infusion procedure begins with one hand in the vagina and an abdominal hand on the uterine fundus to confirm correct position of the balloon against the uterine wall and uterine expansion as the balloon is filled. Warning: Rapid infusion of saline into the balloon at high pressure may increase the risk of uterine rupture.

## Step 5 (cont.):

The second 60 mL syringe provided in the kit may be filled by an assistant during infusion of saline from the first syringe in order to minimize elapsed time to reach tamponade. The check valve eliminates the need to operate a stopcock when changing syringes.



#### Step 6:

Using additional syringes of saline, incrementally inflate the balloon only until tamponade is achieved.







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#### Step 6:

Warning: Maximum fill volume is 500 mL, but patients often require less than 500 mL to achieve tamponade.

Precaution: Although rapidly reaching effective tamponade of the uterus is desired for stopping bleeding, the clinician should conduct repeated/continued evaluations of bleeding, volume infused and resistance to fill considering patient characteristics such as uterine wall thickness and surgical history in order to determine whether each incremental syringe infusion is warranted and safe, particularly in regard to possible risk of uterine rupture.



#### **Catheter Placement**

#### Step 7:

Should the balloon become dislodged from the uterus, deflate the balloon, reposition and reinflate. Vaginal packing may be considered to augment catheter placement.

Precaution: Perform a vaginal exam after balloon inflation to ensure the balloon is not below the cervix.



#### **Catheter Placement**

#### Step 8:

Connect the catheter drainage port to a fluid collection bag to monitor lost blood volume.

Caution: Catheter drainage port and tubing should be free of clots or occlusions to properly monitor the progression of hemostasis.



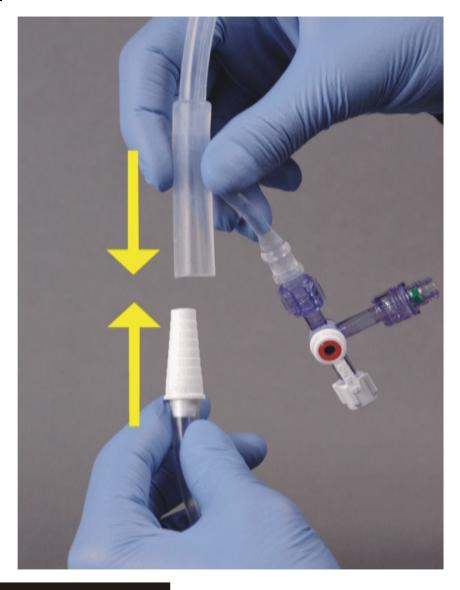
#### **Catheter Placement**

# Step 8 (cont.):

Sterile isotonic saline may be used to flush the drainage lumen.

Warning: Irrigation should not be initiated for the purpose of dislodging or removing clots from the uterus.







# Step 9: Catheter Placement

Once tamponade is achieved, periodically assess whether the space between the balloon and fundus is continuing to expand. Evaluate the amount of blood and clots between the balloon and fundus. Ultrasound may be used to identify the top of the balloon.

Caution: Be aware of the possibility of a concealed hemorrhage. Deteriorating or non-improving conditions may indicate more aggressive treatment and/or management of uterine bleeding.



Warning: To reduce the risk of infection, catheter indwell time should not exceed twenty-four (24) hours. The balloon should be deflated and removed when it is no longer needed to control bleeding, if less than 24 hours.



Step 1:

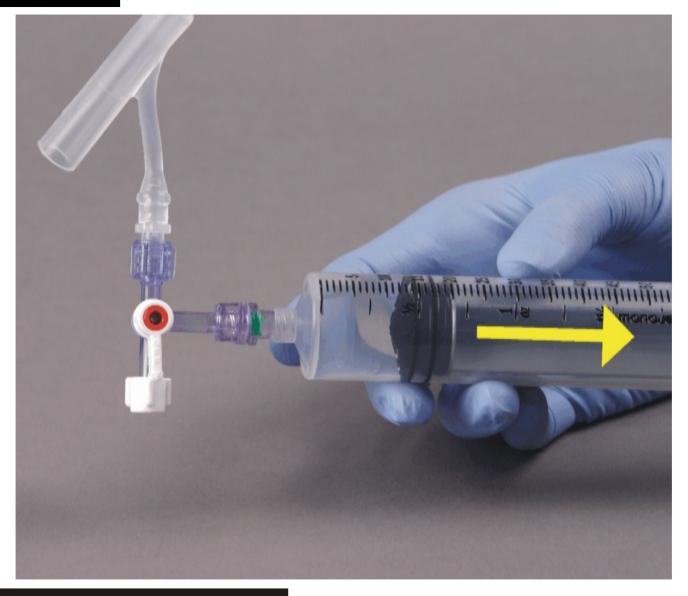
Remove an vaginal packing if applicable.



## Step 2:

Reversing the insertion process, using the syringes provided, aspirate the sterile solution from the balloon and discard per hospital protocol. Continue incremental aspiration until catheter balloon is deflated and can be safely removed from the patient.







# Step 2 (cont.):

If faster balloon deflation is indicated, the saline may also be removed from the balloon by turning the stopcock off to the port with the check valve, removing the white cap from the standard locking hub and allowing fluid to drain.







## Step 3:

Remove catheter from patient by carefully sliding it out of the uterus, through the cervix and vagina.



# Step 4:

Continue careful observation of the patient after removal for signs of continued bleeding or hemodynamic instability.

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